

CARLY SAREN, LCSW

EXPERIENCE

Social Worker

Pinellas County Schools

February 2022-Current
Clearwater, FL

- Facilitate and consult with school staff with regard to individual case situations when appropriate
- Conducts individual and group counseling sessions
- Acts as a member of the crisis response team and provides services and supports to students and families in crisis situations
- Collaborates and coordinates with all school personnel as well as outside entities to ensure appropriate academic accommodations are being in the school setting

Program Manager

Carlton Manor Inc.

July 2020-February 2022
Pinellas Park, FL

- Manage the day-to-day operations of a Therapeutic Group Home providing clinical and behavioral services for up to 12 youth ages 11-17
- Provide supervision, training, and support for over 20 staff members, including clinicians, responsible for the safety and structure of the therapeutic program to maintain compliance with local and federal program regulations
- Facilitate multidisciplinary staffings amongst all engaged parties including GAL, AAL, Case managers, Supervisors, and other Program Directors
- Creation of the monthly staff schedule as well as review of bi-weekly timesheets for all program employees
- Respond and de-escalate all crisis situations within the group home as well as the community involving program residents

Clinical Therapist

Collaborative Therapeutic Services

May 2020-Current
Tampa, FL

- Provide evidence-based therapy to families and youth on a weekly/monthly basis
- Facilitate family therapy sessions to alleviate conflict between family members
- Utilize Eye Movement Desensitization and Reprocessing techniques, play therapy techniques, crisis intervention techniques, and trauma-informed care with all clientele

Clinical Therapist

Carlton Manor Inc.

March 2018-July 2020
Pinellas Park, FL

- Provide daily individual therapy sessions with children and teenagers involved in the child welfare system
- Facilitate weekly group therapy sessions, family therapy sessions, and multidisciplinary staffing requests

- Utilize Eye Movement Desensitization and Reprocessing techniques, play therapy techniques, crisis intervention techniques, and trauma-informed care with all clientele
- Administer assessments such as AIMS, CFARS, and PTSD symptoms scale
- Advocate for clients in multiple ways including making recommendations for permanency, linking clients with appropriate services to further treatment, and determining appropriate familial communication with others
- Adhere to agency documentation guidelines including inputting notes within 24 hours of service

Family Counselor

October 2017-February 2018

Directions for Living

Largo, FL

- Utilized solution-focused therapy, crisis intervention, and additional evidence based practices to assist children and families in meeting their individual needs and goals
- Developed individualized treatment plans to address co-occurring diagnosis needs
- Utilized trauma-informed practices to complete clinical assessments including diagnosis of children and families
- Provided ongoing weekly individual and family therapy sessions to address treatment plan goals and objectives
- Advocated for and provided appropriate community referrals including psychiatric evaluations and domestic violence support groups
- Adhered to agency documentation guidelines of inputting notes in AVATAR and FSFN systems

MSW Clinical Intern/ Case Manager

August 2016-July 2017

The Salvation Army Women and Children's Shelter

Orlando, FL

- Utilized evidence-based practices to create individualized treatment plans for clients
- Conducted assessments on micro, mezzo, and macro levels to identify client's needs
- Created, implemented, and facilitated weekly psycho-educational and psychotherapeutic support groups addressing a variety of issues influencing the homeless population
- Used crisis intervention and solution-focused therapy techniques in assisting new shelter residents
- Utilized external and internal resources

Child Protective Investigator

May 2016-October 2016

Florida Department of Children and Families

Orlando, FL

- Conducted bio-psycho-social assessments of children and parents
- Assessed family dynamics to determine child safety
- Prepared written assessments of family functioning
- Conducted investigations regarding child abuse and neglect allegations
- Prioritized and multi-tasked effectively in a fast paced environment

Child Protective Investigator Intern

May 2015-May 2016

Florida Department of Children and Families

Orlando, FL

- Assisted in conducting client interviews with certified investigators
- Assisted in developing safety plans and identifying community resources
- Communicated positively with diverse clients while establishing effective rapport

Lead Teacher

October 2013-December 2015

Primrose School of Oviedo

Oviedo, FL

- Responsible for the safety and education of 20+ children
- Collaborated with parents and staff to create individualized educational plans

VOLUNTEER EXPERIENCE

Big Brothers Big Sisters Mentor

June 2020-Current

Big Brothers Big Sisters of Pinellas

- Provide guidance and support to one teenage youth

President of Bachelor of Social Work Student Association

November 2014-May 2016

University of Central Florida

- Facilitated bi-weekly meetings to over 30 students
- Organized numerous community service opportunities
- Founder's Day Award Recipient for the College of Health and Public Affairs which recognize excellence in academics, leadership, and community service

Volunteer Advocate for Children

May 2015-May 2016

Guardian Ad Litem

Orlando, FL

- Conducted home visits to learn the child's needs and determine their best interest
- Collaborated on an interdisciplinary team to advocate the best needs of the child

Children Services Volunteer

November 2014-September 2015

Coalition for the Homeless of Central Florida

Orlando, FL

- Volunteered in a homeless shelter with the women and children who are residents of Orange County, FL

Burnett Community Scholar Mentor

September 2013-May 2014

AmeriCorps & Stonewall Jackson Middle School

Orlando, FL

- Provided mentorship to children who were struggling academically
- Provided support and resources to low-income families

Stepping Stones Program Volunteer

June 2009-May 2013

Suncoast Hospice

Palm Harbor, FL

- Provided appropriate support for children in the grieving process
- Conducted sibling support visits for children with ill siblings
- Assisted parents with finding available resources during grieving process

EDUCATION

Master of Social Work
University of Central Florida
Orlando, FL

May 2016 – August 2017

Bachelor of Social Work
University of Central Florida
Orlando, FL
Enrolled in the Burnett Honors College
Title IV-E Child Welfare Stipend Recipient

May 2013 – May 2016

CERTIFICATIONS

Adoption Competency Certification
EMDR Basic Trained
Children Services Certificate
First Aid and CPR Certified

Earned April 2021
Earned October 2018
Earned in May 2016
Valid through April 2023